



Richmond Academy

Subject Overview: PSHE

PSHE Association Core Themes: **Health and Well-Being**, **Relationships**, **Living in the Wider World**

(Some topics bridge one or more themes and other aspects are taught through science or as and when the circumstances require it)

Year Group	Autumn	Spring			Summer	
Nursery	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	Taught across all areas of the curriculum through planned provision				
Reception	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	Taught across all areas of the curriculum through planned provision				
Year 1	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	<u>Bullying and Friendship</u> <ul style="list-style-type: none"> Types of teasing Right choices 	<u>Feelings</u> <ul style="list-style-type: none"> Bodies and feelings can be hurt 	<u>Improving health and well being</u> <ul style="list-style-type: none"> Personal hygiene 	<u>Living in a diverse world</u> <ul style="list-style-type: none"> Improve environment What harms our environment 	<u>Moving on and achievement</u> <ul style="list-style-type: none"> Meet new teacher Review targets Look ahead to new challenges
Year 2	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	<u>Friendship and keeping safe</u> <ul style="list-style-type: none"> Difference between secrets and surprises (adult secrets) 	<u>Empathy</u> <ul style="list-style-type: none"> Recognise and responding to other's feelings 	<u>Problem Solving (relationships)</u> <ul style="list-style-type: none"> Listen to others Cooperation 	<u>Money</u> <ul style="list-style-type: none"> Role money plays in our lives 	<u>Moving on and achievement</u> <ul style="list-style-type: none"> Meet new teacher Review targets Look ahead to new challenges
Year 3	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	<u>Healthy Lifestyles</u> <ul style="list-style-type: none"> Images in the media 	<u>Resolving Conflict</u> <ul style="list-style-type: none"> Resolve disputes Negotiation 	<u>Children's Rights</u> <ul style="list-style-type: none"> Children's special rights – link to UN declaration 	<u>Equal Opportunities</u> <ul style="list-style-type: none"> Universal rights 	<u>Moving on and achievement</u> <ul style="list-style-type: none"> Meet new teacher Review targets Look ahead to new challenges
Year 4	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	<u>Money</u> <ul style="list-style-type: none"> Role money plays in own and other's lives Managing money Being a critical consumer 	<u>Living in a diverse world</u> <ul style="list-style-type: none"> Range of religions in UK and local area 	<u>Bullying, problem solving and cooperation</u> <ul style="list-style-type: none"> Nature and consequences of discrimination Develop strategies to compromise 	<u>Hygiene</u> <ul style="list-style-type: none"> Bacteria and viruses Routines to prevent spread 	<u>Moving on and achievement</u> <ul style="list-style-type: none"> Meet new teacher Review targets Look ahead to new challenges
Year 5 *visit from school nurse to discuss puberty and hygiene in Summer Term	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	<u>Stereotypes</u> <ul style="list-style-type: none"> Recognising and challenging stereotypes 	<u>Money</u> <ul style="list-style-type: none"> Interest, loans, debts, tax Economic choices 	<u>The Law and Drugs</u> <ul style="list-style-type: none"> Commonly available drugs and their effect Habits Legal highs 	<u>Our Environment</u> <ul style="list-style-type: none"> Debate local, national and international environmental issues 	<u>Moving on and achievement</u> <ul style="list-style-type: none"> Meet new teacher Review targets Look ahead to new challenges
Year 6 *visit from school nurse to discuss puberty and hygiene in Summer Term	<u>Rules and Expectations</u> <ul style="list-style-type: none"> Follows whole school assemblies Set class routines/expectations Elect class representatives 	<u>Taking part</u> <ul style="list-style-type: none"> Independence Responsibility 	<u>Risk Taking</u> <ul style="list-style-type: none"> Recognise and assess risks in different situations 	<u>Moving on and achievement</u> <ul style="list-style-type: none"> Meet new teacher Review targets Look ahead to new challenges 		