THE

WEEK ONE

AVALAIBLE DAILY – SELF SERVICE BAR Salad bar, fruit bar, homemade breads & water.

Monday

MAIN MEAL Halal Pepperoni Pizza GLUTEN/MILK/MUSTARD/SOYA

VEGGIE MEAL Margherita Pizza GLUTEN/MILK/SOYA

SIDES

Baked Jacket Wedges Sweetcorn & Carrots Homemade Bread GLUTEN

DESSERT

Banana Flapjack

JACKET POTATO FILLINGS **Baked Beans** Cheese Tuna Mayo EGG/FISH

SANDWICH OR PANINI Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

Tuesday

MAIN MEAL Halal Bangers & Mash GLUTEN/MILK/SULPHITES

VEGGIE MEAL Veggie Bangers & Mash

SIDES

Mashed Potato MILK Peas & Carrots Gravy Homemade Bread GLUTEN

DESSERT Vanilla Sponge & Custard GLUTEN/MILK/EGG **JACKET POTATO** FILLINGS **Baked Beans** Cheese Tuna Mayo EGG/FISH

SANDWICH OR PANINI

Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

Wednesday

MAIN MEAL

Halal Roast Chicken **Dinner with Yorkshire** Pudding GLUTEN/MILK/EGG

VEGGIE MEAL Veggie Roast Dinner GLUTEN/MILK/EGG

SIDES

Roast Potatoes Roasted Root Vegetables Gravy Homemade Bread GLUTEN

DESSERT Chocolate Crunch GLUTEN/EGG

Thursday

MAIN MEAL Halal Pasta Bolognese GLUTEN/EGGS

VEGGIE MEAL Tomato Penne Pasta GLUTEN

SIDES

Garlic Bread - GLUTEN Pasta - GLUTEN Green Beans & Broccoli Homemade Bread GLUTEN

DESSERT

Iced Cupcakes GLUTEN/MILK/EGGS

JACKET POTATO FILLINGS **Baked Beans** Cheese

Tuna Mayo EGG/FISH

SANDWICH OR PANINI

Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

Friday

MAIN MEAL Halal Fish & Chips GLUTEN/FISH

VEGGIE MEAL Cheese & Tomato Panini GLUTEN/MILK

SIDES Chips Baked Beans or Peas Homemade Bread GLUTEN

DESSERT Chocolate Brownie GLUTEN/MILK/EGG

JACKET POTATO FILLINGS

Baked Beans Cheese Tuna Mayo EGG/FISH

SANDWICH OR PANINI Cheese

GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA



ALLERGENS ARE IDENTIFIED UNDERNEATH EACH DISH - NOTE ALL PANINI CHOICES CONTAIN MILK **Allergen Coding:**

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JACKET POTATO FILLINGS **Baked Beans** Cheese MILK Tuna Mayo EGG/FISH

SANDWICH OR PANINI

Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

> Remember to drink plenty of Water with your lunch.