## THE

# **WEEK ONE**

**AVALAIBLE DAILY – SELF SERVICE BAR** Salad bar, fruit bar, homemade breads & water.

### Monday

MAIN MEAL Halal Pepperoni Pizza GLUTEN/MILK/MUSTARD/SOYA

**VEGGIE MEAL** Margherita Pizza GLUTEN/MILK/SOYA

#### SIDES

Baked Jacket Wedges Sweetcorn & Carrots Homemade Bread GLUTEN

DESSERT

Banana Flapjack

**JACKET POTATO** FILLINGS **Baked Beans** Cheese Tuna Mayo EGG/FISH

SANDWICH OR PANINI Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

### Tuesday

MAIN MEAL Halal Bangers & Mash GLUTEN/MILK/SULPHITES

**VEGGIE MEAL** Veggie Bangers & Mash

#### SIDES

Mashed Potato MILK Peas & Carrots Gravy Homemade Bread GLUTEN

DESSERT Vanilla Sponge & Custard GLUTEN/MILK/EGG **JACKET POTATO** FILLINGS **Baked Beans** Cheese Tuna Mayo EGG/FISH

#### **SANDWICH OR PANINI**

Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

## Wednesday

#### MAIN MEAL

Halal Roast Chicken **Dinner with Yorkshire** Pudding GLUTEN/MILK/EGG

**VEGGIE MEAL** Veggie Roast Dinner GLUTEN/MILK/EGG

#### SIDES

**Roast Potatoes** Roasted Root Vegetables Gravy Homemade Bread GLUTEN

DESSERT Chocolate Crunch GLUTEN/EGG

## Thursday

MAIN MEAL Halal Pasta Bolognese GLUTEN/EGGS

**VEGGIE MEAL Tomato Penne Pasta** GLUTEN

#### SIDES

Garlic Bread - GLUTEN Pasta - GLUTEN Green Beans & Broccoli Homemade Bread GLUTEN

#### DESSERT

Iced Cupcakes GLUTEN/MILK/EGGS

#### **JACKET POTATO** FILLINGS **Baked Beans** Cheese

Tuna Mayo EGG/FISH

### SANDWICH OR PANINI

Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

## Friday

MAIN MEAL Halal Fish & Chips GLUTEN/FISH

**VEGGIE MEAL** Cheese & Tomato Panini GLUTEN/MILK

SIDES Chips Baked Beans or Peas Homemade Bread GLUTEN

#### DESSERT Chocolate Brownie GLUTEN/MILK/EGG

### **JACKET POTATO** FILLINGS

**Baked Beans** Cheese Tuna Mayo EGG/FISH

#### SANDWICH OR PANINI Cheese

GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA



ALLERGENS ARE IDENTIFIED UNDERNEATH EACH DISH - NOTE ALL PANINI CHOICES CONTAIN MILK **Allergen Coding:** 

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#### **JACKET POTATO** FILLINGS **Baked Beans** Cheese MILK Tuna Mayo EGG/FISH

#### SANDWICH OR PANINI

Cheese GLUTEN/MILK/SOYA Tuna Mayo EGG/FISH/GLUTEN/SOYA

> Remember to drink plenty of Water with your lunch.